

**Campus Health Centre
Thursday 6th March at 3.00pm
Staff Room – Campus Health Centre**

Agenda

Present : Ray Stow Dick Groke
 Margaret Groke Mark Whitaker
 Anna Ainsworth Brian Swallow

1. Apologies for absence

Diana Sandy Joanne Maffin

2. Minutes of the meeting held on 5th December 2024

The minutes were approved as a true record.

3. Presentation from Julie Lee, Social Prescriber - Link Worker.

Julie outlined the benefits and role of social prescribing. Link workers can help with social, emotional and practical matters by referring patients on to the correct type of support to meet their needs.

People can be referred, or they can self-refer.

Social Prescribing Link Workers are employed by North Bank Forum, a not for profit registered charity, and they receive funding from the GP surgeries through specially allocated funding. Julie works with surgeries which are part of the Acclaim group (Campus Health Centre, Clifton House. Marfleet Group Practice and The Avenue's Medical Centre). Workers currently have a case load of about 40 people. At present, there is no waiting list, but this could change if more people use the service.

One main aim is to reduce pressure on GPs by providing the support people need to remain healthy and fit in the community with social, emotional and financial support. The initiative has been in operation for many years in the South, but in Hull it started about five years ago. Evaluation is difficult, but some research into the effectiveness may be of benefit.

It was felt by the group that little is known about the project and two suggestions were made to promote it:

- a. a leaflet that GPs and other Practice staff could hand to patients who may benefit.
- b. perhaps a text message to patients to promote it.

The meeting thanked Julie for a very interesting and informative presentation

4. Matters arising from minutes of 5th December

a. Follow up from Mark Williams.

Neither Mark nor Brian have received replies to messages to Mark. It was noted that the ICB are undergoing a restructure. It was agreed to leave this item off the next agenda.

b. Membership Recruitment.

Joanne Maffin is a new member. Unfortunately, she was unable to attend this meeting due to a prior appointment but hopes to be able to attend in the future.

c. Friends and Family Test.

Mark circulated the qualitative data from the last month and focussed on the few “poor” responses. Mark will be investigating the issues that were raised.

It was noted that the quantitative data is very good, with over 90% responses in the “good” or “very good” range.

It was further noted that there has been an increase in satisfaction from 2023/24 to 2024/5 averaging 89% last year to 95% this year.

The meeting thanked Mark for the data and presentation.

d. Practice Web Site

Members agreed to continue to let Mark have any suggestions for additions or improvements to the web site, given the constraints that it be in a similar style to other NHS practice web sites.

It was suggested to add social prescribing to the web site.

5. Draft Newsletter

Mark circulated the draft newsletter, which it is proposed to distribute both electronically and have paper copies in the surgery. Members of the group were asked for comments. It was again suggested that Social Prescribing could be included. Members thanked Mark for producing the newsletter, which looks informative and professional.

6. Any Other Business

Mark reported that the Saturday surgery starts on 29th March.

7. Date of next meeting

The next meeting will be on **5th June at 3.00 in the Occupational Health Department.**

Agreed schedule of meetings for 2025

Thursday - June 5th 2025 – 3pm
Thursday - September 11th 2025 – 3pm
Thursday - December 11th 2025 – 3pm

All meetings to be held in the **University of Hull - Occupational Health Department** (subject to confirmation)

The meeting closed at 4.30